



CAMBRIDGE INSIGHT  
MEDITATION CENTER

# STRATEGIC PLAN PREVIEW

## 2026-2028

The world is calling for the courage of heart to commit to kindness and wise action every day. With a distinctive approach to integrated, accessible Buddhist teaching and meditation practice, the Cambridge Insight Meditation Center (CIMC) changes lives and instills individuals and communities with skills for resilience, insight, and ethical living. Together, the CIMC community brings these practices to life with joy and compassion as we celebrate what is possible through practice.

This spirit of connection and interconnection is infused throughout our three-year strategic plan (2026-2028). Thank you to all the practitioners, members, teachers, volunteers, and donors who create CIMC every day. Please read on for a preview of our vision and goals for the next three years and how you can help sustain and amplify Insight Meditation teachings in your own life and in our world.

COMMUNITY  
CONTEMPLATION  
COMPASSION  
COURAGEOUS ENGAGEMENT





## OUR MISSION

The Cambridge Insight Meditation Center is a welcoming refuge and teaching center for all who seek inner peace and wise action through the liberating practice of Insight Meditation (*vipassana*).

CIMC is dedicated to integrating contemplative practice into daily life. We seek to cultivate ethics, tranquility, wisdom, and compassion, and to ease suffering in our communities and in our world.

## OUR VISION FOR 2029 AND BEYOND

We are at a turning point in CIMC's journey—one that celebrates both what our community has built together in 40 years and a world of new possibilities for sharing and deepening Insight Meditation practice. This evolution is reflected in our mission statement, updated with our shared commitment to wise action and the alleviation of suffering in our communities and in our world. Through our new strategic plan, we envision that:

- \* CIMC is a growing hub of practice and connection, both in-person and online, reaching new practitioners while nurturing long-time members.
- \* CIMC responds to times of turbulence, division and uncertainty by offering practices and perspectives that encourage clarity, compassion, and courageous engagement and by offering programs that connect with people where they are.
- \* A diverse group of CIMC teachers is engaged with a diverse and inclusive community of practitioners, increasing access to Insight Meditation teachings for all.
- \* With support from a growing circle of generous donors, CIMC has the financial sustainability to expand its offerings for all who seek to integrate Insight Meditation into their daily lives, enable fair teacher compensation, and foster inclusion and belonging in our community.

## 40 YEARS OF PRACTICE AND SERVICE A MOMENT OF LEGACY. A FUTURE OF POSSIBILITY.

CIMC turned 40 in 2025—a milestone that invites us to reflect on four decades of refuge, resilience, and shared awakening. When CIMC opened its doors in 1985, it was the first U.S. lay-led Insight Meditation center in the heart of a city. Larry Rosenberg and Narayan Helen Liebenson's early teachings at CIMC set out a path that we are all still on today—to integrate the wisdom of Insight Meditation into daily life.

Since then, CIMC has welcomed thousands of practitioners in-person in Cambridge as well as online from around the globe. We are here today because of the generosity, dedication, and spiritual labor of those who came before us. As we mark our 40th anniversary, we invite you to join us in ensuring CIMC continues to flourish as a vital spiritual home for current and future generations.







## OUR COMMITMENT TO EQUITY AND INCLUSION

Through this new strategic plan, CIMC is focusing our commitment more deliberately towards equity and inclusion.

We are on a journey—and we understand that we have much work to do, as individuals, as an organization and as a community. Through this strategic plan, CIMC will invest in learning and in holding ourselves accountable to our vision and our goals for a diverse, inclusive and welcoming community where all are valued and belong.

We recognize the need to embody this commitment by weaving equity and inclusion throughout CIMC.

## GOALS 2026-2028

### GOAL 1 Offer life-changing teachings that turn toward the needs of a turbulent time

#### Strategies:

- Deepen programs that connect practice with healing, peace, resilience and dignity for all
- Launch programs that meet the moment, such as EcoDharma, Recovery Dharma, LGBTQIA+ offerings, and Council-style community meetings
- Grow our hybrid programming model and introduce new formats, ensuring accessibility for both in-person and online practitioners
- Bring Buddhist teachings into action for personal and societal transformation through 800 freely offered drop-in programs, 150 practice group sessions and 45 retreats and workshops each year

### GOAL 2 Nurture an inclusive and welcoming community where all are valued and belong

#### Strategies:

- Seek out and support a diverse body of teachers
- Engage board, staff and teachers in antiracist training and practice
- Support Resident Teacher Madeline Klyne to nurture the CIMC community and build pathways that welcome new people into our community
- Deepen the work of dedicated committees, sangha affinity groups and community feedback systems to shape an evolving culture of inclusion, belonging and responsiveness
- Freely offer programs and financial assistance to all who seek them





## GOAL 3

Increase access to the Dharma by deepening support for Buddhist teachings

### Strategies:

- Welcome and support Matthew Hepburn as a new Guiding Teacher, with the resources to lead with clarity, creativity and inclusion
- With the leadership of Guiding Teacher Narayan Helen Liebenson, mentor and support the next generation of Dharma leaders and ensure an unbroken lineage of 2600 years of Buddhist teaching
- Foster ongoing relationships between teachers and community members, increasing practitioner access to teachers and teachings

## GOAL 4

Grow the community of donors, supporters and volunteers who will make this strategic plan possible and keep CIMC strong now and in the future.

Each year, donors and members have provided financial support for 50% of CIMC's annual operations. At this turning point in CIMC's journey, the deep generosity of the CIMC community will be essential to sustain and grow our work together.

### Strategies:

- Our goal is to raise an additional \$1.2 million over three years to increase access to Insight Meditation practice for all who seek inner peace and wise action in turbulent times.
- This additional generosity for the strategic plan will support expanded programs in new formats, enable fair teacher compensation, and foster inclusion and belonging.
- Together our practice of generosity will strengthen community, share wisdom through contemplative practice, nurture compassion and support courageous engagement for all of us, every day.

## Join Us

For four decades, CIMC has helped thousands find inner peace, spiritual refuge, and the capacity for wise action.

Join our call to shared stewardship of CIMC, a source of strength for so many—and be a part of our new strategic plan to serve so many more.

This is a rare moment, and what CIMC offers is urgently needed. Join us in honoring the past and building a strong future.

Support CIMC. May our practice together bring freedom to all beings.

With gratitude and metta,

*Larry L. Rosenberg* Narayan *Matthew*

Larry, Narayan and Matthew



To learn more about how to support CIMC, contact us at [CindyK@cambridgeinsight.org](mailto:CindyK@cambridgeinsight.org) or 617-441-9038 and visit [cambridgeinsight.org/donate](https://cambridgeinsight.org/donate). Thank you for your practice and your generosity.

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